



Annual Report 2011 - 2012

President's Report

Submitted by Siobhan Aspinall -
President, Board of Directors

It's all about change, and it's all about people! Even though it happened just as our fiscal closed, it is worth recognising the retirement of our previous Executive Director, Greg Smith, after a decade of dedication to our mission.

People always wonder aloud what the Board of an organisation does in the name of "governance". Well, one of the most exciting tasks we are charged with is to find a new Executive Director when the previous one departs. It was a thrilling process to talk to such a wide range of interesting and talented people from all over Canada who shared our beliefs and wanted to become Opt's new leader.

Given the huge response and the list of fantastic candidates, we were thrilled to finally place Jennifer Breakspear in the role. She's fun, dynamic, smart, and diplomatic. She has an amazing background spanning health, diversity, and human rights, and she has some exciting ideas for refreshing our brand and diversifying our funding sources.

Between Jennifer, her outstanding staff team, and our devoted Board volunteers, I believe that Opt is better positioned than ever before to help British Columbians enjoy healthy sexuality throughout life.



Siobhan Aspinall -
President, Board of Directors



Opt employees at our Christmas party, December 2011.



Jennifer Breakspear -
Executive Director

Executive Director's Report

Submitted by Jennifer Breakspear - Executive Director

I am honoured to present the first Annual Report since taking office as Executive Director on May 1, 2012. My predecessor, Greg Smith, left an impressive legacy, and I salute Greg and all my predecessors, the Opt Board of Directors, staff, and volunteers for the accomplishments and successes of Opt's first 50 years.

It has been both humbling and thrilling to take the reigns at Opt. This organisation, and the people who built it, are pioneers in the field of sexual and reproductive health. Over the summer I had the pleasure of meeting many leaders in the Opt community. I greatly appreciate the generous spirit with which these pioneers have shared their perspectives and eagerly assisted me with my steep learning curve about sexual and reproductive health issues.

Throughout Opt's proud history this organisation has been a fearless innovator and a bold partner for social change, and we will continue that proud tradition. We will continue to push envelopes, speaking out on public issues that are directly in line with our mission and those that may previously have been considered slightly outside our immediate purview. In this regard I am referring explicitly to matters of sexual orientation, gender identity, and gender expression as well as other social issues that threaten or endanger Canadians' enjoyment of healthy sexuality. Our mission (To provide comprehensive education, accurate information, support for sexual expression and reproductive choice, and confidential clinical services that help British Columbians enjoy healthy sexuality throughout life) guides the work that we all do every day at Opt.

In order to fulfill our mission we must supplement our funding with diverse revenue streams...which really just means we need to find new ways to raise money. We will continue to lobby government for adequate sustaining funding but we must also explain to donors and sponsors why Opt deserves their support. Those of us who know Opt know why the organisation is worthy of support. The problem is that too few people know about Opt. In the coming year we will broaden our reach through a focussed communications strategy incorporating a newly redesigned website, social media, and innovative marketing. We will access potential clients, volunteers, donors, and sponsors who are not currently aware of Opt. We will engage with individuals and communities throughout the province through traditional media and newer alternative media. We will use this increased access and engagement to drive traffic to our clinics and to solicit support for our services. We will reach out to our historical donors and newly interested donors with exciting fundraising initiatives that

deliver worthwhile experiences and lasting memories.

As a donor myself, I want to know that my contributions are used wisely. As Executive Director, I want to assure donors that your donations are put to use in direct services. We will deliberately keep overhead on fundraising efforts low so that monies raised directly impact our clients rather than going to pay the costs of a fundraising campaign. I have had success planning and orchestrating fundraising events which are fully funded by sponsorships such that all funds raised are free and clear. We will launch the first such event in early 2013 (watch for an announcement in December 2012!) which will then kick off a year long awareness building initiative in our clinics province wide.

Our Provincial Office staff are excited about plans for the year ahead. They have embraced a course of change that remembers our past, plans for our future, and provides for the present. We have begun to roll out these plans across the province with our Regional Conferences and I am buoyed by the enthusiasm I have heard from clinic staff and volunteers. We have an awe inspiring team at Opt, and together we will continue to serve British Columbians long into the future.

As we serve, it is crucial that we also protect. The protection I refer to here is that of protecting our clients, staff, volunteers, students, and all members of the Opt community from harassment, intimidation, and bullying. I am implementing an Options for Sexual Health Dignity and Respect Policy Statement (see text box below) and introducing it at our Regional Conferences and Annual General Meeting. The Dignity and Respect Policy Statement will be posted at all Opt clinics, workplaces, events, and website and is to be read as complementary to the Harassment Policy and Procedures contained in the Opt Personnel Manual. It is important that everyone within the Opt community know that they can expect to be treated with dignity and respect and that they are expected to treat others similarly. The public posting of the policy statement demonstrates our commitment and helps to fulfill a legal obligation we bear as an employer.

Options for Sexual Health (Opt) is committed to providing an environment which upholds the dignity and respect of the individual and which supports every individual's right to work, volunteer, learn, and access services free from harassment, intimidation, and bullying. Opt recognises the right of every individual to such an environment and expects all members of the Opt community to fulfill their responsibilities in this regard.

It would not be going too far to say that I am thrilled to have joined and been welcomed into the Opt community, and I have dedicated myself to Opt's mission. I thank you all very much for your commitment to Opt, and I look forward to moving forward into our strong future together.

Departmental Reports

Clinical

Submitted by Nicole Pasquino -
Clinical Director



2011 – 2012 has marked another exciting year for Opt's clinical services.

September 2012 saw the opening of Opt's 59th clinic in BC. Penticton Opt opened its doors on Sept 13, 2012, to fill the gap created when Interior Health closed its STI clinics (one of which ran four days per week in Penticton).

We continue to have a strong partnership with Northern Health, who operates 14 of our clinics, providing access to quality services in communities Opt could not sustain on our own. The newest of these is located in Mackenzie, BC, and Fort St. James is scheduled to open in the late fall 2012.

Our clinics continue to operate at capacity, challenging us to be creative in seeing patients while maintaining a high level of care, best practice standards, and incorporating an increased demand for expanded services beyond contraception (such as high demand for STI testing & cervical screening). After a successful Gardasil (HPV vaccination) pilot project at the Vancouver clinic in 2010, we expanded our role in clinics to include the provision of the HPV vaccine at cost to patients who were ineligible for the school-based vaccination program. We currently have 17 clinics providing the HPV vaccine onsite at cost and will expand this service to more clinics across the province.

In 2012, our clinics have seen a dramatic increase in the request for professional training from several areas (including medical and nursing students, midwives, international residents, and fellows). We continue to try and accommodate these requests in order to provide a high level of training to future practitioners in sexual and reproductive health care.

Opt maintains a partnership with the British Columbia Institute of Technology (BCIT) to manage content and deliver courses supporting Reproductive Health certified practice education for BC registered nurses (including both Sexually Transmitted Infections and Contraceptive Management).

With continuing demands for clinical teaching opportunities, our clinics have partnered with UBC School of Medicine to offer 12 placements (per six week session) for third year medical students during obstetrics rotations. In addition, we



The Penticton Opt community working group received a significant grant from the Community Foundation of the South Okanagan for the new clinic.

have taken on a greater role in providing clinical placements for advanced practice RN's in our clinics to complete the Sexually Transmitted Infection Management (STIM) course at BCIT. Opt clinics are the most frequently utilized placement for the RN STIM students.

Our Medical Director, Dr. Unjali Malhotra, is the creator and program director of the UBC Women's Health Fellowship Program, and fellows complete an advanced rotation at Options for Sexual Health. In addition Dr. Malhotra implemented a two week elective for family practice residents three years ago. We currently take one resident per month for an in-depth, one-on-one experience to allow for competency in contraception including IUD insertion.

Keeping up with such expanding service requires important ongoing education for our staff. Our clinic director, Nicole Pasquino, was directly involved as the chair of the committee and a key member of the leadership team in the launch of BC Contraceptive Management Community of Practice's web presence (www.clwk.ca). This practice group provides clinical support to RNs and allied health professionals across the province in the realm of contraceptive practice.

Additionally Opt's clinical education conference (typically held in Vancouver) adopted a slightly different format this year with the presentation of five Regional Conferences in September/October 2012. This allows us to better meet the educational demands of each region and cater to their specific learning needs.

We hope to continue our steady growth through 2013 with a variety of special projects and outreach initiatives that are already in the planning stages.



Saira Hansen, Education Manager

Education

Submitted by Saira Hansen -
Education Manager

Opt's Field Education program provides comprehensive Sexual Health Education (SHE) across the province to; schools, parents groups, professionals, persons with disabilities and youth in custody. In 2011-12 we delivered 595 classroom sessions to approximately 13,000 youth and 13 Askable Adult workshops. Opt also offers customized training programs to professionals on such topics like; Sex and the Law and specialised teacher training to the Vancouver School Board.

One of the main obstacles that Opt still faces is increasing the awareness and accessibility of SHE. The BC Ministry of Education has mandated that SHE be a part of the Prescribed Learning Outcomes for Grades K-10. However, it is a continual challenge to get every school in BC to actually provide it. Often teachers do not feel equipped to deliver this specialised teaching content themselves as they are not provided the necessary training to feel proficient in teaching sexual health. Additionally, the funding provided to schools for programs like SHE is often allocated to other areas and SHE gets left out of the mix all together. That being said, schools that are aware of our Education Services or communities that have access to Sexual Health Educators have recognised the importance and positive effect that this information has on young people. These schools budget accordingly with the funding they receive to make sure SHE is covered every year.



Opt's SHEC graduating class, 2011. We have now certified 44 sexual health educators.

Opt created the Sexual Health Educator Certification (SHEC) program to address the concerns around teachers' need for adequate training in this area and to broaden the reach of accessible Sexual Health Educators. Opt completed its third offering of this training program in 2011 with 13 students graduating from the program. There are now a total of 44 SHEC graduates overall, and there are now Opt Certified Sexual Health Educators working throughout the province. SHEC has proven to be a huge success, and it is the only one of its kind! We plan to run the next SHEC program starting in March 2013. We remain optimistic for further expansion of SHE across the province.

In 2011-12, Opt ran two offerings of our hugely successful multi-day CAVE/SAR (Comfort, Attitudes and Values Evaluation/Sexual Attitude Reassessment) workshop. The SAR process is an experiential training workshop which began in the United Methodists Church nearly 50 years ago. We have been offering our own CAVE/SAR workshop (approved by The Institute for Advanced Study of Human Sexuality in San Francisco) in Vancouver for the last few years. As this program gains more notoriety in the sexual health community in BC, we have seen an increase in enrolment and are pleased to see the benefits of the program in action. Participants report an increased level of comfort and confidence when discussing sensitive topics, both professionally with their clients and colleagues as well as personally with family members and their partners. Opt's Education Services are proud to see more individuals in BC taking a greater initiative and general interest in sexual health and sexuality by taking and recommending Opt's education programs.



Staff members celebrating Halloween in style at the Provincial Office.

Sex Sense

Submitted by Jenn Deroo -
Sex Sense Coordinator



1-800-SEX-SENSE is a free, confidential, and anonymous phone and email service that provides information and referrals about sex, contraception, sexually transmitted infections, pregnancy options, pleasure, and anything else to do with sexuality. The Sex Sense line is open to answer calls from 9:00 a.m. to 9:00 p.m., Monday to Friday. It has been in operation since February 1996.

Staff

As front-line support workers for Opt, staff at Sex Sense work to embody Opt's values of sex positive, pro choice, non-judgemental support for everyone who seeks to access our services. All staff are sexual health professionals including registered nurses, registered clinical counsellors, and sex educators.

Staff are trained to actively listen, assess beyond the presenting question, and provide information, support, and referrals that empower callers to make informed choices. In addition, staff have specialized training and knowledge in various aspects of sexuality including contraception, sexually transmitted infections, sexual rehabilitation, and sex therapy.

Project work

While Sex Sense staff's first priority is answering calls and emails, they also contribute to broader Opt projects. This year, staff provided advice and content for the Museum of Vancouver sexual health installation, helped update the Won't Get Weird network of sex-positive professionals, and contributed to Opt's social media team.

Resources

Sex Sense houses a significant compilation of resources, including books, subscriptions to journals, links to websites, and pamphlets. The cornerstone of the Sex Sense resource materials library is the self-produced Resource Manual, a twenty-one chapter, fully referenced, living document that goes through a major revision by Sex Sense staff every two years. The Resource Manual goes beyond clinical information and includes topics such as sex and the law, pleasure, contraception, sexually transmitted infections, and sexual assault. The manual is shared with clinical services as well.

Marketing

The Sex Sense line uses various marketing mediums to provide exposure of the phone line across all areas of the province. This year the line was promoted through our “We’ve Got A Room for You” campaign featured on transit advertisements, posters, and cards. The ads were featured on transit systems across BC, while cards and posters were given out at events, clinics, conferences, and educational initiatives. Cards and posters are mailed to any organization who requests them, including health units, schools, and youth clinics. The Sex Sense Line is also listed on all brochures that Opt distributes to the public, including the clinic fact sheets.

This year also saw Sex Sense involved in the formation of Opt’s social media team, which broadened our marketing outreach on our website and across social media networks including Facebook and Twitter.

2011/2012 Statistics

There were 8,315 calls in the past year. This is almost identical to last year with a very small decrease of 1%, compared to a decrease of 16% from the 2009 - 2010 year. Emails continue to play an important role for contact; over the last year we received 1,140 emails as compared to 1,178 the previous year.

The average length of calls increased by 8% to 6.2 minutes. Actual calls show considerable variation in call length, from a few seconds for a brief enquiry to well over half an hour for more complex concerns.



LOOKING TO HOOK UP with the closest clinic? Got a burning question?
call us: 1 800 SEX SENSE Add this # to your contacts. Calls are free & confidential.

WE'VE GOT A ROOM FOR YOU

Opt provides info + health services + referrals for:

- birth control • condoms • morning after pill
- pregnancy tests • Pap tests • preventing, testing & treating sexually transmitted infections
- pro-choice pregnancy options • access to abortion

Ask real live people about sex, sexuality + other hot topics. We supply facts. You supply decisions.

Opt Options for Sexual Health

www.optbc.org
It's your call. And we won't get weird.

Transit advertisement for the Sex Sense line. The ads were on buses throughout the province. The campaign distributed free cards and posters to clinics, schools, health units, and more.

Caller Demographics

Sex Sense staff collect demographic info on gender¹, location, and source of referral. Based on collected data, females continue to call the line more than males, by a ratio of 2.3 to 1. While callers range in age from under 10 to over 70, the most common age demographics accessing the line are ages 17 – 19 (13%), 20 – 24 (21%), and 25 – 29 (13%).

The majority of callers are from within BC. Calls can be broken down in the various health regions as follows: Vancouver Coastal Health 16%, Fraser Health Authority 12%, Interior Health Authority 6%, and Vancouver Island Health authority 6%.

When callers access the Sex Sense line from outside of British Columbia they pay long distance charges, and yet calls continue to come in from outside BC. This year we received calls from across Canada including Alberta, Saskatchewan, Ontario, Quebec, and the Northwest Territories. Other caller locations include US states such as New York, California, Texas, and New Jersey, and international destinations including Israel, Saudi Arabia, Bermuda, Guatemala, Mexico, and Ireland. Some outside-of-BC callers had lived in BC previously or were on vacation from BC, while others found out about the line through web searches or other means.

Callers heard about the line from a variety of sources including bus ads, hand-out cards, youth clinics, schools, health units, doctor's offices, and Healthlink. Some callers tell us they have been calling for many years and refer their friends and families to us as well.

Calls

The majority of calls and emails are about contraception, female sexual health, male sexual health, sexually transmitted infections, clinic information, abortion, and emergency contraception. These broad categories include a rich diversity of call topics and types.

Youth

Youth make up a significant proportion of calls on the line. Staff are mindful of giving information in an age-appropriate manner, and recognize how confidentiality and anonymity are very important to many youth. Younger callers may be very nervous when they first call the line and are greatly relieved when they discover that they can get access to birth control, emergency contraception, sexual health information, and safer sex supplies without needing to go through their parents.

¹ Gender data is collected based on impression of the caller's voice, rather than asking the caller to identify their gender. In addition, data collection also does not differentiate between transgender and cisgender males or females, and does not include nonbinary gender identities such as genderqueer, agender, bigender, pangender, or neutrois.

Newly diagnosed

People calling with a positive diagnosis for a sexually transmitted infection, particularly common but permanent viruses such as herpes and HPV, may be extremely distressed. These calls tend to be the longest, most complex, and often most rewarding. Sex Sense staff will provide information and resources and also take the time to listen, validate, and normalize caller reactions. Most importantly, staff stay sex positive and avoid giving fear-based information to help reduce stigma and shame associated with sexually transmitted infections. Newly diagnosed callers may begin the call enormously distraught but often end the call grateful and appreciative. These callers are especially likely to express how glad they are that the Sex Sense line exists.

Challenging calls as opportunities

Sex Sense staff seek to answer all calls in a respectful, honest, and open way. This includes treating gratification or joke callers with compassion and dignity. Staff deal with these calls by setting clear boundaries on what is appropriate use of the line, giving as much information as possible, and being responsive to emerging needs. Frequently, younger callers may start with crank calls to test the line, and if treated with respect and kindness, they will call back with real questions. Even questions that appear to be jokes can be teaching opportunities, allowing staff to discuss health and safety, anatomy and pleasure, and communication skills.

Conclusion

Sex Sense is a vital and unique resource serving a diverse range of people across BC and beyond. This professionally staffed line offers sensitive, informed support in an under-served area: that of people seeking information and referrals around sexuality and sexual health.



Community Relations volunteers at Vancouver's 2012 Pride Parade.



Ashleigh Turner -
Provincial Outreach and
Volunteer Coordinator

Outreach

Submitted by Ashleigh Turner -
Provincial Outreach and
Volunteer Coordinator

Volunteers

Volunteers are often the backbone of non-profit organisations, and this is definitely true of Opt. Our volunteers are absolutely amazing and the support they provide throughout the organisation is an integral part of what keeps Opt going. We have two different types of volunteers at Opt: our Governance volunteers, which include our Provincial Board and Branch Board members; and our Programs' volunteers, which include our clinic, community relations, and Sex Sense volunteers.

Every year we run several online training programs for our programs' volunteers to provide them with education and information they will need to begin working with clients. Our online training covers human sexuality, communication in sexual health, STIs, contraception, and anatomy and physiology. This year we had 40 volunteers complete the training.

As is the case with many organisations, volunteer retention can often be an issue. Over the past few years Opt developed a two tier volunteer designation, Level 1 and Level 2 volunteers, which was a deliberate strategy to increase volunteer retention. This strategy includes a gradual increase of responsibilities and duties for volunteers as they start with Opt and requires a minimum three-month commitment prior to being enrolled in the online training. We also require volunteers to commit to a minimum of 12 months of volunteering. Some of our volunteers are unable to fulfill that commitment, however, many of our volunteers commit for much longer than a year. Since the implementation of the Level 1/Level 2 program, we have noticed an improvement in volunteer retention, though there is still a turnover of volunteers annually, allowing for new volunteers to begin with Opt. Having highly trained volunteers take on mentorship roles is essential to continuing the high quality of volunteers Opt has, and thus, sustainable volunteer retention will continue to be something we work toward.

Outreach

Our dedicated volunteers on the Community Relations team attend many outreach events in the Lower Mainland. At these events, they promote the services we offer, including education, clinical services, and our Sex Sense Line. We are also encouraging branches throughout the province to attend events in their own communities to promote our services.

For the past five years, Opt has sent a team to the Shambhala Music Festival in Salmo, BC. This event is the largest event Opt volunteers attend and provides an excellent opportunity for us to interact with thousands of potential clients. Shambhala attracts 15,000 people annually and Opt is there to help ensure those people are having safer sex! This year the team handed out over 5,000 condoms and Opt cards. Opt's presence at this event extends beyond the condoms handed out to festival-goers; as people come to this event from all over the province, the volunteers are able to connect people with their local Opt clinic so that when they return home, they are able to visit our clinics for all of their sexual health needs!

In addition to Shambhala, the Community Relations team attends community health fairs, university and college health fairs, music festivals, public health events, youth events, and cultural diversity fairs. Over the past year, the Community Relations team has talked to more than 2,500 people at these events.

One of the biggest challenges for outreach continues to be finding a way to ensure that our outreach efforts are able to reach all of the communities we serve province-wide. We are so grateful to have our volunteers who are able to step up and attend events; however, there are many events that we are unable to attend due to staffing fees, travel fees, table fees, and other associated costs. At this time we are looking into acquiring additional funding to help support staff and volunteers to attend events around the province so that Opt can connect with even more potential clients. We have also developed Event in a Box, an "how to" companion to our Community Relations Resource Kit to help Opt branches attend events in their own communities.



Community Relations volunteers promoting Opt's services at one of many student health fairs we attend throughout the year.



Finance

Submitted by Joan Westman de Carle -
Finance Director

I have been with Opt since January 1996 and assumed the role of Finance Director following the departure of Opt's Accountant in December 2008. In a subsequent redefinition of the financial administration requirements of the organisation, my position has focused on the budgetary and managerial aspects of Opt's finances, and I have an advisory and consultative role with other members of the management team.

Last year was a challenging year for finance. Additional emphasis was placed on Opt's cash flow forecasting, and I gave this function close and continuous attention.

The 50th Anniversary Celebration in April 2011, at the beginning of last fiscal, proved to be quite expensive. We managed to cover the costs of the Gala venue and performers through Gala ticket sales and silent auction, plus the Cuba ticket raffle which grossed \$10,000. But unfortunately, the Public Forum, Museum of Vancouver project, and the 50th Anniversary event planning wages ended up being heavily subsidized by our gaming funds, which left cash flow tight for the remainder of the fiscal.

The Opt Clinical Conference coincided with the 50th Anniversary celebrations and was also over budget. Unfortunately our conferences have become increasingly expensive. This year's plan includes careful budgeting for Regional Conferences in different areas of the province with content geared to each area's needs. This will reduce travel, hotel, and wages costs.

Opt clinic sales and client visits continued to drop. Because of this, some of the less busy clinics were reduced to half time, starting in the summer of 2011, to decrease staffing expense. Interestingly enough, Powell River and Port Coquitlam either maintained or increased sales compared to last fiscal, whereas Sunshine Coast, Surrey, North and South Delta, and White Rock sales dropped an average of 35%, compared to the previous fiscal. Money was saved, but total client visits did decrease in the last five clinics mentioned.

We hope to launch a new website and advertising campaign to increase awareness of Opt, and thereby increasing donations and client visits - which should also increase contraceptive sales.

Because our base government funding has not increased in years, Opt clinic expansion has been put on hold. As well, a community that wishes to start an Opt

clinic must raise an initial \$10,000. This covers start-up costs and demonstrates that the community supports an Opt clinic.

Contraceptive prices charged to Opt's Northern Health Authority clinics and Simon Fraser University were increased last fiscal. This increased Opt's net profit from these 2 institutions from about \$50,000 to \$64,000 which helps offset the clinical conferences and clinical services.

Education revenue increased slightly due to more Sexual Attitudes Reassessment programs being offered during the fiscal.

Unfortunately, due to financial pressures, two FTEs were laid off during the fiscal year, in the education and communications departments. This increased workload for other employees who had to pick up duties after the lay-offs. Morale also suffered as these employees had been with Opt for many years.

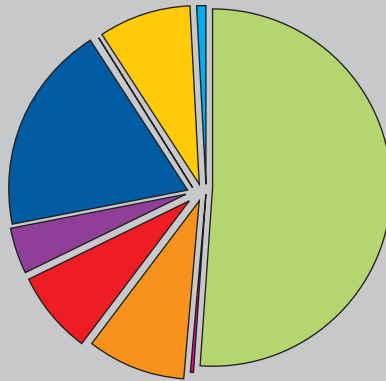
HealthLink/Ministry of Health renewed our Sex Sense phone line contract for the period of January 2012 to December 2014, at the same level of funding we have been receiving since January 2005. They are very happy with our service.

Branches' fundraising improved. Many thanks to Kaslo, the East Kootenays, Ladysmith, Nakusp, Grand Forks, Kelowna, Vernon, and Salt Spring for raising more than \$1,000 each in a combination of donations, grants, fundraising, and/or United Way. This allowed these branches to provide extra education and clinical programs to people in their communities. And a very honourable mention to the Mission fundraising team, who subsidised contraceptive costs for some of their clients.

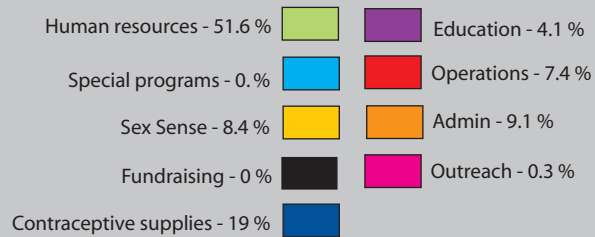
Donations to Provincial Office also increased by about \$10,000 compared to the previous fiscal. We received a generous donation of \$5,000 from one individual through Canada Helps.

At Provincial Office changes were made in the roles of staff reporting to the finance director, giving finance an oversight role with respect to the purchasing of contraceptive supplies by the Clinical Services program. This allowed finance to apply more control to inventory and the cash flow requirements of purchasing. Inventory control in the clinics is still a concern, and we are looking into computerised systems for inventory that would allow us to track clinic contraceptive sales, orders, and statistics.

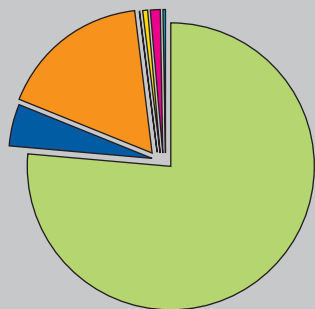
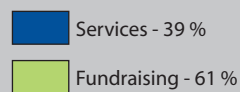
At the end of the 2011/2012 fiscal year Opt did have a deficit of \$25,000. But this should be seen as a positive indicator as it is a lower deficit than the three previous fiscals. Our July 2012 financials showed a profit of about \$28,000 so we are on the right track, and the management team, Provincial Office staff, and Provincial Board have committed to a course of action which should see us in the black within three years.



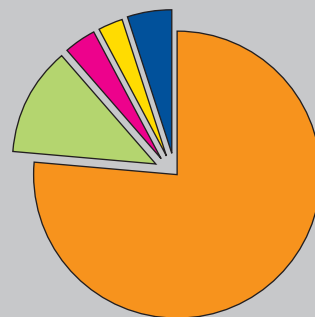
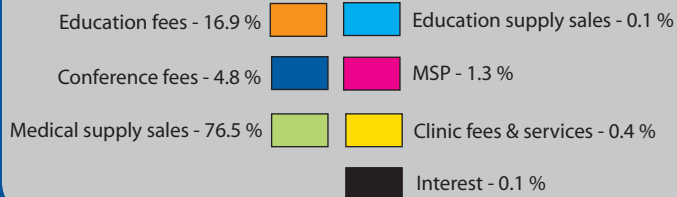
Expenses - Apr 1, 2011 - Mar 31, 2012
Total = \$2,525,398



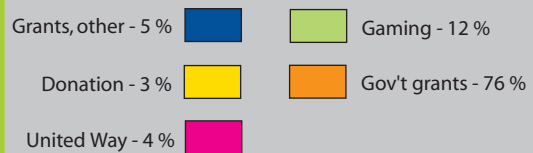
Revenue Sources
Total = \$2,500,666



Services
Total = \$976,743



Fundraising
Total = \$ 1,523,923



Donor Acknowledgements

Everyone at Options for Sexual Health is truly grateful to all of our donors and sponsors who have given generously to support our mission. We would also like to appreciate the hard work and dedication of individuals and companies who organised and raised funds through events held on our behalf. Your gifts are making a difference in our clinics, in classrooms, and in society. Thank you.



Thanks and appreciation to these individuals and groups who gave gifts between \$1 and \$100

Moira Aikenhead – John Andrews – Sheila Balakshin – Catherine Bleich
E.A Bongie – Carla Bortoletto – Jocelyn Braithwaite – Andrew Bryant
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Thorburn – Alannah Turner – Rita Tweddle – Nancy Van Veen – Merle
Vanderburgh – Natalie Wagner – Tashia Warren – Miriam Williams
Janice Winckers - Coast Capital Savings-Administration Corporate HO



Thanks and appreciation to these individuals and groups who gave gifts between \$101 and \$500

Siobhan Aspinall – Ellen Bailey – Sharon Barbour – Rob Barman – Markian Beley – Laura Bliss – Maureen Bradbury – Jennifer Breakspear and Laurie Anderson – Leanna Buffie – Jessica Cowen – Malcolm Crockett – Sheila Dobie – Jill Doctoroff – Jean Donaldson – Anne Drader – Celia Evanson Carolyn Forbes – Janet Foster – Dorothea Gensch – Barbara Hestrin – Shirley Hunter-Oglow – Jim Jamieson – Darren Kopetsky – Allison Lenters – Tricia Lucas – Denise MacKean – Erin Mitchell – Saleema Noon – Patricia Radcliffe Joan Robillard – Aura Rose – Donna Schmirler – Greg Smith – Lori Smith Suzie Soman – Shauna Speers – John Spinelli – Anne Stewart – Michelle Warrington – Jane Wilde – Elizabeth Woods – Jennifer Young - Coquitlam School District #43 - Chilliwack General Hospital - TELUS Community Affairs - Mission Memorial Hospital - Coast Capital Savings - Administration Central City - Coast Mountain Bus Company - Surrey Transit Centre - Lionel Investments Ltd. - Mow & Snow Land Care - Jewish Federation of Greater Vancouver -



Thanks and appreciation to these individuals and groups who gave gifts between \$501 and \$1,000

Julie Comete – Arlene Henderson – Michiko Kariya – Carmen Venturi Aboriginal Affairs & Northern Development Canada - Provincial Employees Community Services Fund - University of British Columbia - Rotary Club of Lake Country -



Thanks and appreciation to these individual and groups who gave gifts between \$1,001 and \$5,000

Jean Elder - Elaine Ferbey - Marie Samson

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www.optionsforsexualhealth.org/about-opt/annual-reports

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