

Which Volunteer position is right for me?

Key Questions	Clinic Volunteers	Sex Sense Volunteers	Community Relations
What experiences do I want to have?	<ul style="list-style-type: none"> • Direct/in-person client contact • Volunteer contact with the client is mainly on the subjects of contraception and sexually transmitted infections 	<ul style="list-style-type: none"> • Indirect (over the phone) client contact • Volunteer contact with clients covers a huge range of topics, generally anything that falls under the category of sexual and reproductive health 	<ul style="list-style-type: none"> • Volunteers are part of a team that acts as a first point of contact with Opt in the community • Volunteers promote all of Opt's services, as well as play sexual health trivia games, and answer questions about sexual and reproductive health
Whom would I like to work with?	Different clinics serve slightly different demographics; however, in general the clientele is mostly females aged 16-35	The Sex Sense Line receives calls from all over the province, from all age groups and demographics, including clients, clinicians, educators, adults, and parents	The CR team attends events at a wide range of venues, from music festivals to university and college fairs, to diversity health fairs
Which opportunities are available in my community?	Opt currently has 60 clinics operating in communicates all over the province (for clinic locations click here). Our Northern Health clinics do not currently accept volunteers.	The Sex Sense Line operates out of a central location in the Lower Mainland	The CR team is based in Vancouver. However, if you are outside of the Lower Mainland, we would encourage you to contact our outreach department to explore the possibilities of working with the Opt branch in your area to form a team in your own region
Which opportunity would work best with my schedule?	<ul style="list-style-type: none"> • Clinics are open scheduled hours (weekday evenings) • Most clinics operate 1-2 evenings per week • A volunteer shift begins 15 minutes before the clinic opens and ends when the last client leaves • Volunteers are required to commit to a minimum of 2 to 3 shifts per month 	<ul style="list-style-type: none"> • The line operates Monday to Friday from 9 am to 9 pm • Volunteer shifts are generally 4 hours and can be scheduled anytime during operation hours • Volunteers are required to commit to a minimum of 3 shifts per month 	<ul style="list-style-type: none"> • Volunteer involvement varies as different needs arise and when events are scheduled • Activity of the CR team depends in part on the initiative and enthusiasm of the volunteers to research events and network • Outreach events typically take place either mid-day during the week, or on the weekends and last 4 to 5 hours
What is the job description?	<ul style="list-style-type: none"> • Level 1 Volunteer • Level 2 Volunteer 	<ul style="list-style-type: none"> • Sex Sense Line Volunteer Role Description 	<ul style="list-style-type: none"> • Community Relations Volunteer Role Description